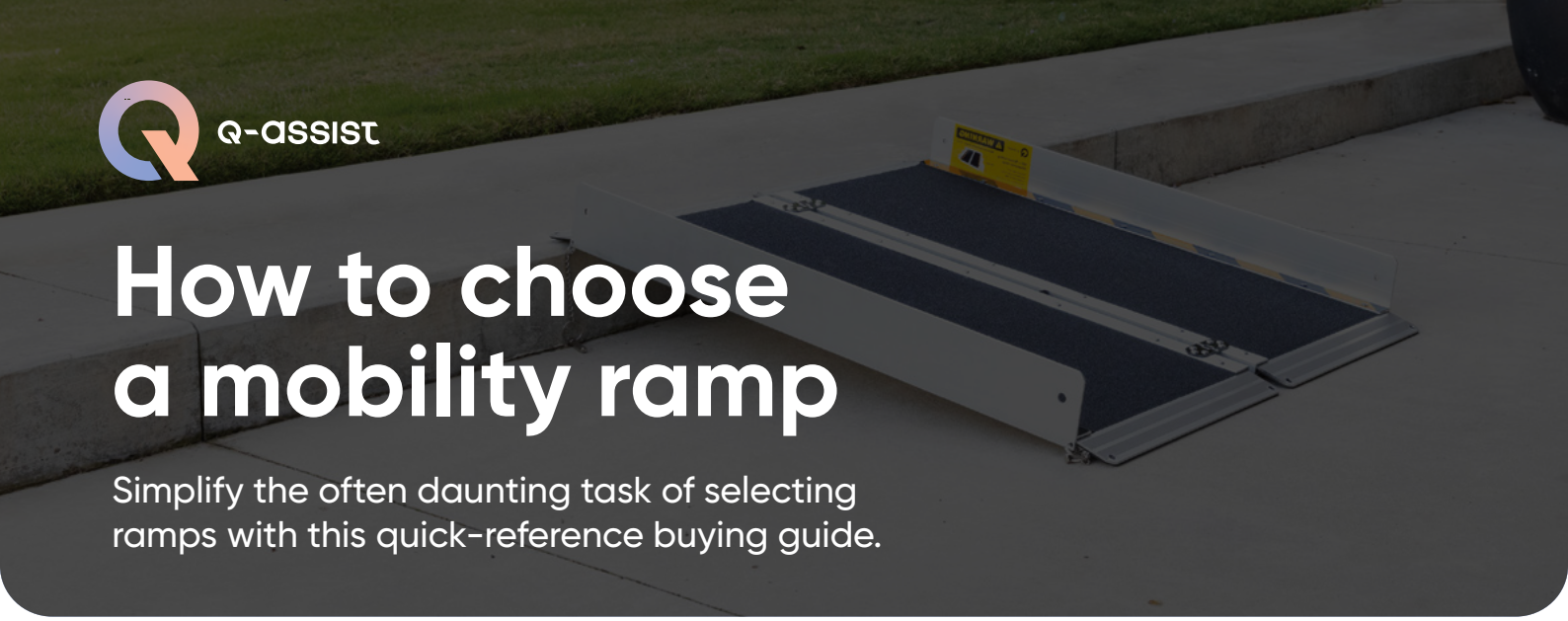

Q-ASSIST

How to choose a mobility ramp

Simplify the often daunting task of selecting ramps with this quick-reference buying guide.

1

List all the places in your home and garden where there is a height difference.

Include steps, stairs and even small differences such as those found at thresholds. If you need ramp access while you're out and about, think about the locations you frequent and what type of ramp meets your needs.

2

Measure your steps, stairs, thresholds and vehicle to work out the size of the ramps you're going to need. Need help? Watch our video guide.

3

Think about the person who needs the ramps. Is the requirement for ramps long-term or short-term?

a. If only short-term, such as post-surgery, a portable ramp might be sufficient.

b. If the ramps are going to be needed long-term, both installed and portable ramps might be required.

4

What features are important to you?

a. Non-slip surface

b. Portability: carry bag included and lightweight

c. Easy storage: foldable

d. Can be permanently installed

e. Guard rails

f. Weight rated for use with both motorised and non-motorised mobility aids

g. Visual impairment aids: high-contrast tape showing usable area

h. Meets Australian Standards

5

Seek advice from your occupational therapist

As with all assisted living devices, always seek advice from your or your loved one's occupational therapist prior to use, as they will provide specific recommendations on product and product set ups tailored to your needs.

✓

Now you're ready to start looking at the different devices available.