

How to Choose a Bedroom Aid



Find the right bedroom & standing aid using this quick reference guide

Is getting in and out of bed and repositioning within bed difficult?

The Q-assist **Cobra Bed Pole** slips between the mattress and bed base to provide a firm, hand-held support when moving within or in and out of bed.

Promotes independence and the ability to find a comfortable position within bed.

- Made from heavy duty steel
- Comfortable, moulded rubber handle
- Easy and fast set up

Q-assist Cobra Bed Pole (I/N: 0648133)



[View product](#)

Is falling out of bed a concern?

The Q-assist **Drop Side Bed Rail** is used to reduce the risk of rolling out of bed and as a support when repositioning within bed.

Provides peace of mind and promotes a better night's rest by reducing the risk of falls from bed. Also promotes independence with the height adjustable railing able to be gripped and used to facilitate comfortable repositioning within bed.

- Safe working load of 150kg
- Easy to install, with secure twist lock system
- Fully height adjustable and easily drops down when required

Q-assist Drop Side Bed Rail (I/N: 0648134)



[View product](#)

Is standing up from bed a challenge?

The Q-assist **Portable Stand Assist** is a support device used to help move between standing and sitting.

With a lightweight, yet sturdy frame, it is a versatile device that can be easily moved and used in a variety of settings around the home.

Use the comfortable, padded handholds to get up off or down to sit on your bed, couch or favourite armchair.

- Safe working load of 136kg
- Height adjustable for user comfort
- Slip resistant base

Q-assist Portable Stand Assist (I/N: 0648147)



[View product](#)

Is accessing the toilet overnight difficult?

Together, these Q-assist devices offer practical and supportive overnight continence support.

The **Over Toilet Frame and Commode** features strong, stable support with slip resistant feet and padded arm rests that are easy to grip when transferring on and off the commode. The commode is also weight rated to a maximum of 250kg, making it suitable for bariatric care.

The **Bath Step and Stool** can be used with the Commode as a toilet step or continence step to help you or your loved one find a comfortable position for toileting.

Q-assist Over Toilet Frame & Commode (I/N: 0648146) and Q-assist Bath Step & Stool (I/N: 0648148)



[View product](#)

Occupational Therapist:

Your or your loved one's occupational therapist will be able to provide specific advice tailored to your unique circumstances.

Always check with your occupational therapist as to the suitability of an assistive device prior to use.



Now you're ready to start looking at the **different devices available**.